

PHYSICAL THERAPY PRESCRIPTION

PATIENT NAME: _____ DATE: _____

PATIENT PHONE: (H) _____ (W) _____ (C) _____ DOB: _____

WORKER'S COMPENSATION YES NO ADJUSTER / CASE MANAGER: _____

DIAGNOSIS: _____

INSTRUCTIONS/PRECAUTIONS: _____

EVALUATE & TREAT

THERAPEUTIC EXERCISES

- AROM AAROM PROM
- Strengthening/ Stretching
- Physical/Work Conditioning
- Spinal Stabilization
- McKenzie Method

MANUAL THERAPY

- Massage
- Soft Tissue Mobilization
- Joint Mobilization
- Myofascial Release

OTHER _____

MODALITIES

- Ultrasound Whirlpool
- Iontophoresis
- Phonophoresis
- TENS NMES
- Cervical/Lumbar Traction
- Home Traction Unit
- Home TENS

NEURO-RE-EDUCATION

- Balance improvement
- Proprioception
- Kinesthetic Awareness
- Postural Improvement
- Vestibular Rehabilitation

MISCELLANEOUS

- Functional Capacity Evaluation
- Job Site Analysis / Ergonomics
- Foot Orthotics: _____
- Strapping/Taping: _____
- Bracing/Splinting: _____

PRECAUTIONS / SPECIAL INSTRUCTIONS: _____

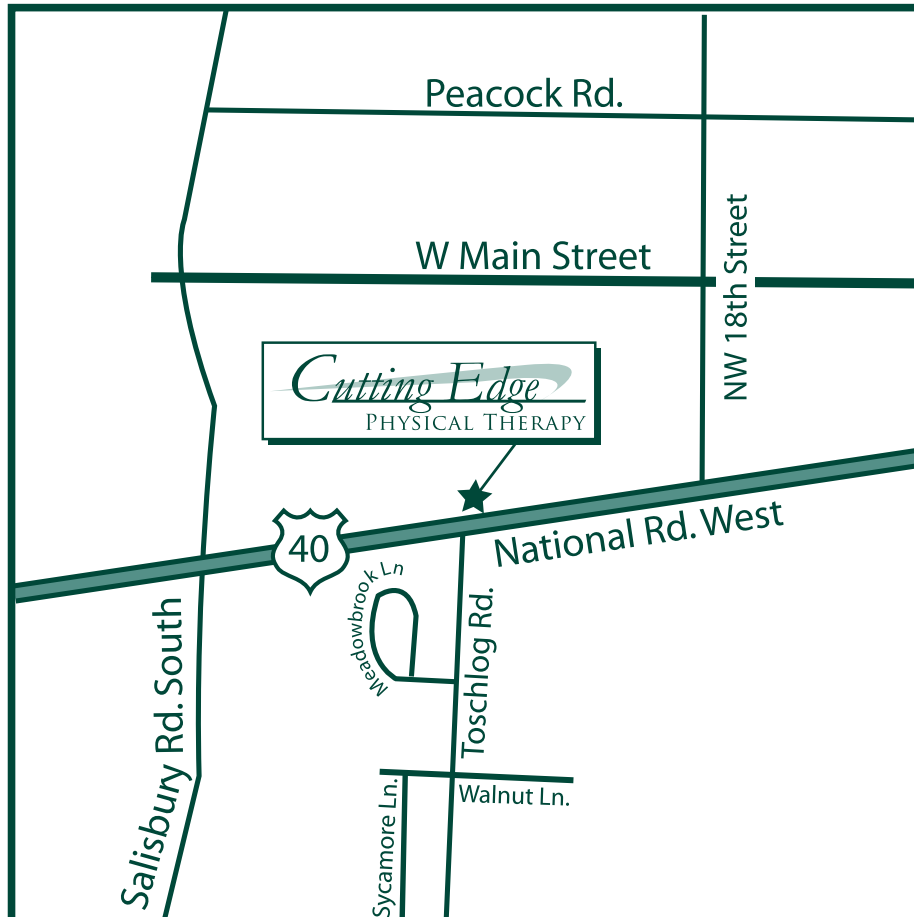
FREQUENCY / DURATION: _____ times per week for _____ weeks

I hereby certify that the above services have been deemed medically necessary.

Physician's Signature: _____ Date: _____

DO NOT EMAIL PRESCRIPTION The electronic prescription form is provided for your convenience. With respect to responding to this form, please do not send the prescription via email. Please populate, print and sign a hardcopy that may be faxed, mailed or hand delivered to the clinic.

CONVENIENT LOCATION



REMINDER

- :: Please bring this referral slip with you on your first visit.
- :: Please arrive at least 15 minutes before your scheduled appointment to complete paperwork.

WHAT TO BRING

- :: Comfortable clothing and sneakers, including t-shirts or tank tops, shorts or sweatpants.
- :: Please bring insurance card/ID